Collaborative effects of wavefront shaping and optical clearing agent in optical coherence tomography

Hyeonseung Yu
Peter Lee
YoungJu Jo
KyeoReh Lee
Valery V. Tuchin
Yong Jeong
YongKeun Park
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Hyeonseung Yu,a,b Peter Lee,b,c YoungJu Jo,a,b KyeoReh Lee,a,b Valery V. Tuchin,d,e,f Yong Jeong,b,c and YongKeun Parka,b

Abstract. We demonstrate that simultaneous application of optical clearing agents (OCAs) and complex wavefront shaping in optical coherence tomography (OCT) can provide significant enhancement of penetration depth and imaging quality. OCA reduces optical inhomogeneity of a highly scattering sample, and the wavefront shaping of illumination light controls multiple scattering, resulting in an enhancement of the penetration depth and signal-to-noise ratio. A tissue phantom study shows that concurrent applications of OCA and wavefront shaping successfully operate in OCT imaging. The penetration depth enhancement is further demonstrated for ex vivo mouse ears, revealing hidden structures inaccessible with conventional OCT imaging.

Keywords: optical coherence tomography; imaging through turbid media; active or adaptive optics.

1 Introduction

Developing a deep-tissue imaging tool with good optical resolution is one of the important goals of biophotonics because medical diagnosis usually requires the imaging of fine details of whole tissue structures. Optical coherence tomography (OCT) is an extensively developed imaging tool for biological tissues. Based on low-coherence interferometry, OCT provides micrometer scale resolution and enables noninvasive high-speed imaging. OCT is widely used in ophthalmology because it can fully access retina, choroid, and sclera layers of human eyes in vivo. OCT has a higher penetration depth of 1 to 2 mm compared to other optical imaging modalities such as multiphoton microscopy and confocal microscopy. Photoacoustic microscopy also offers deep tissue imaging capability, but optical absorption contrast is used instead of elastic backscattering signals. Despite its advantages, OCT cannot provide penetration depth on centimeter scales as is possible with ultrasound imaging.

The limitation of the penetration depth of OCT originates from multiple light scattering caused by inhomogeneous refractive index distributions in biological tissues. The strategy of OCT imaging is to deliver light deep into a target region and measure backscattered light. However, light is severely scattered during propagation inside a biological tissue. Biological tissues are composed of various cellular components, each having different chemical compositions and thus different refractive indices. For example, cellular organelles, cytoplasm, and collagen fibers have refractive indices higher than that of interstitial fluid. More quantitatively, optical waves have a reduced scattering coefficient of 1 mm\(^{-1}\) in most biological tissues. This implies that after propagation of 1 mm, the light experiences a few scattering events (on average ten for the scattering anisotropy factor typical for tissues, \(g = 0.9\)), after which the light completely loses its original propagation direction. To minimize the effect of multiple scattering events, OCT uses coherence gating to selectively collect scattering signals with the same optical path lengths. However, the amount of single-scattered light exponentially decays as the depth increases, and multiple scattering becomes dominant beyond a few mean free paths. Thus, it is extremely challenging to image scatterers at depths greater than ~1 mm; thus, penetration depth is limited to a few millimeters.

One method of visualizing deep inside tissues in OCT systems is to utilize optical clearing agents (OCAs) to compensate for optical inhomogeneity. The primary role of OCAs is to reduce refractive index mismatches among tissue structures and thus to reduce light scattering in the tissues. Due to the complexity of tissue structures, the reduction of the scattering cannot be explained merely by the refractive indices of the OCAs. In fact, various mechanisms are involved, such as the dissociation of collagen, the ability to disrupt the hydration shell and the water-mediated hydrogen bonds of collagen molecules, and the dehydration process. In addition to penetration depth enhancement for tissue imaging, OCAs also enable optical blood clearing and monitoring of molecular diffusion using OCT systems.

Although OCA approaches use the scattering properties of tissue samples for the enhancement of the penetration depth, it has been recently demonstrated that controlling the illumination...
light in optical imaging can offer a high possibility of overcoming multiple scattering without affecting the sample. Although adaptive optics approaches were exploited to correct aberrations, the multiple light scattering requires more degrees of freedom.\(^4\)

The formation of optical focus can be interpreted as constructive interference of scattered light waves. Multiple light scattering scrambles phase information of an impinging beam, thus the desired constructive interference, or optical focus, cannot be achieved deep in a tissue. However, these perturbations can be adjusted by controlling the complex field of the incident light.\(^5\) This idea was first demonstrated by showing that clear optical focus can be formed through highly scattering media.\(^6\) Later, this wavefront shaping approach was extended to optical systems that are based on OCT principles. The focusing of light into deep tissue was demonstrated using optical coherence microscopy\(^7\) and penetration depth enhancement was studied in a spectral domain OCT (SD-OCT) system,\(^8\) the so-called wavefront shaping OCT (WS-OCT). The measurement of a time-resolved reflection matrix based on the principles of time-domain OCT enabled selective focusing inside tissue.\(^9\) and diffraction-limited imaging.\(^10\) In a related field, wavefront shaping approaches have also been exploited for deep-tissue imaging with multiphoton microscopy.\(^11\) One of the advantages of using wavefront shaping in OCT is that the light control can also compensate system aberrations or the degradation in resolutions at out-of-focus planes.\(^12\)

In this work, we demonstrate that simultaneous applications of wavefront shaping and OCAs can provide collaborative effects for enhancing the penetration depth using WS-OCT. Even though both the wavefront shaping and OCAs enhance the penetration depth, the collaborative effect is not straightforward due to the loss of the scattering contrast by OCAs. Because the wavefront shaping technique utilizes the backscattered signals for optimization, the reduced scattering by OCAs should be still strong enough so that the wavefront shaping works. A tissue-mimicking phantom and an ex vivo mouse ear tissue were visualized with the application of 70% glycerol solution and wavefront shaping via a digital micromirror device (DMD). Benefiting from balanced applications of the OCAs and the wavefront shaping, the collaborative effects of both methods offer unprecedented enhancement of the penetration depth compared to that possible with conventional SD-OCT imaging.

### 2 Principles

The principles of OCA and wavefront shaping in OCT are shown in Fig. 1. In a conventional OCT system, an uncontrolled beam is incident on a sample and backscattered signals from a scatterer are used as an image contrast. The desired situation is one in which a tight focus is formed at a target axial depth and signals are strongly reflected from the focus, providing vivid images of tissue structures. However, due to optical inhomogeneity inside the tissue, the beam propagation paths that are supposed to be focused on the target spot experience spatially varying perturbations.

This situation leads to severe degradation of the optical focus, as shown in Fig. 1(a). There are two different approaches that can alleviate this degradation of the focus: the application of OCA, as shown in Fig. 1(b) and wavefront shaping, as shown in Fig. 1(c). In Fig. 1(b) OCA can be seen to reduce the inhomogeneity of the tissue, and the multiple scattering becomes less severe. The penetration depth can be extended at the expense of the tissue composition change. In contrast to the OCA approach, which directly changes the sample, the wavefront shaping method controls light propagation in tissues to maximize the light delivery to scatters and the reflection from the scatters, as shown in Fig. 1(c). Because the wave-propagation in tissues is a deterministic process, we can find an optimal wavefront that can selectively focus at the target depth inside the tissue. While the OCA directly suppresses multiple light scattering by manipulating the tissue, wavefront shaping controls the light paths without affecting the tissue structure. Therefore, these two approaches can work concurrently, and the combination of both methods provides collaborative effects to control multiple light scattering. This best situation of the combined approach is shown in Fig. 1(d). For all the above cases, the enhancement of the penetration depth can be maximized when the OCA technique and the wavefront shaping approaches are simultaneously applied.

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**Fig. 1 Principle of OCAs and wavefront shaping in an OCT system.** (a) Conventional OCT imaging. (b) After the application of OCAs, the overall scattering of the tissue is reduced. (c) Wavefront shaping in OCT. The optimal incident wavefront generates a tight focus inside the tissue. (d) Combined effect of OCAs and wavefront shaping. Maximal penetration depth can be achieved with reduced scattering of the sample and optimal incident light field.
3 Experimental Setup

A schematic of the experimental setup is shown in Fig. 2. The system was adapted from an SD-OCT system by incorporating high-speed wavefront modulation [1] in a conventional system, a collimated beam from an illumination source directly passes through a beam splitter and the divided beams arrive incident on a sample and a reference mirror, respectively. For the WS-OCT, a wavefront shaping unit consisting of a DMD and a dispersion compensating grating (G1) is additionally installed, as indicated by the gray dashed rectangular area. After the wavefront shaping unit, OCT signals are acquired and processed based on SD-OCT principles. Detailed theories on SD-OCT systems can be found in the literature [2].

In the WS-OCT system, a broadband superluminescent diode (SLD-52, Superlum Diodes, Ltd., Ireland) with a center wavelength of 1025 nm (full width at half maximum = 100 nm, 9.7 mW) is used as the light source. The beam propagates in free space after the collimator and impinges on the DMD (0.7" XGA, 1024 × 768, Texas Instruments). The DMD is a two-dimensional (2-D) array of 800k micromirrors; each mirror directs the incident beam at 12 or −12 deg. The light redirected from the DMD with the angle of 12 deg propagates along the optical axis; the light redirected with the angle of −12 deg is blocked out. Thus, the control of individual micromirrors provides spatially structured incident beams. Due to the pixelated periodic structure, the DMD essentially works as a grating. For broadband illumination, the dispersion is produced and is therefore compensated for by the grating (300 lines/mm, GR25-0310, Thorlabs). The modulated field pattern is delivered to the back pupil of an objective lens (LSM-03BB, Thorlabs) and a line CCD (SU1024, 1024 lines, 92-kHz frame rate, Sensors Unlimited Inc.). A 2-D image is acquired by steering the sample beam with one mirror of a two-axis galvo mirror (6210H, Cambridge Technology), whereas the other mirror is unused. Because the DMD plane is conjugated with the scanning mirror plane, the amplitude modulation at the DMD plane is converted to full-field modulation at the sample plane. In the setup, the reference beam is also modulated by the DMD to preserve the simplicity of the setup. It is possible in principle to separate the reference beam and sample beam, but matching the optical path lengths between the separated sample and reference beams requires a more complicated setup. We also considered that simultaneous modulation of both arms does not result in the difference in the acquired signal, because the interference signal is a function of the temporal frequency, whereas the DMD modulates the spatial profile of the incident beam. The spatial modulation of the reference beam only changes the coupling efficiency to the single-mode fiber, which is calibrated in the signal processing step.

The goal of wavefront shaping optimization is to maximize the reflected signal from the desired depth. Because tissue compositions are entirely unpredictable, characterization of the optical responses of the tissues is required to find the optimal wavefront. Furthermore, tissue structures vary spatially. Thus, the optimization is sequentially processed for each A-scan. In the optimization of a single A-scan, the detailed procedures are divided into three stages: (1) recording of OCT signals with Hadamard pattern projections to characterize the tissue response, (2) calculation of optimal DMD patterns, and (3) recording of enhanced signals for projections of optimal DMD patterns.

At first, 7500 2-D Hadamard patterns are sequentially projected on the DMD and A-scan profiles are recorded for each pattern. Hadamard patterns are mutually independent, and this property minimizes the redundancy of the image acquisitions. Second, we select 200 depth positions as regions of interest (ROI) in the A-scan and individually calculate the optimal wavefront. Furthermore, tissue structures vary spatially. Thus, the optimization is sequentially processed for each A-scan. In the calculation of the optimal DMD pattern at a specific depth, we selectively choose 500 Hadamard patterns out of the 7500 initial patterns that give the largest signal at the given depth. Because the coherent control of light scattering exploits the linear relation between the input and reflected light fields, raw signals are manipulated in a linear scale. After that, we coherently sum
the selected 500 patterns to produce a single-optimal pattern. Consequently, we have a total of 200 optimal patterns that individually generate the optimal signal at each depth of the ROI. Third, the calculated 200 optimal patterns are projected sequentially on the DMD, and the enhanced OCT signals are recorded. The recorded 200 A-scan signals contain the enhanced signals at different depth positions, so they are compounded into a single A-scan image in which all pixels in the ROI have the enhanced signal. The acquisition time of a single-optimized A-scan image is 15 s, and 25 A-scans are acquired to obtain a 2-D image.

To demonstrate the coherent control effect of the wavefront shaping, we also acquired the images using the spatial compounding method, which provides a way of suppressing coherent speckle noises by incoherently averaging several OCT signals from spatially or temporally varying illuminations. In our case, 25 random binary DMD patterns were illuminated on the sample, and the 25 acquired OCT signals were incoherently summed to reduce the noise. To properly compare the spatial compounding method and the wavefront shaping, the size of the macropixels in the DMD and the camera acquisition settings are set to be the same for both cases.

4 Tissue Phantom Study

To validate the idea of the combined effect of OCA and wavefront shaping for the penetration depth enhancement, we first conducted experiments on a tissue phantom fabricated with 20% intralipid and agar. Among various tissue phantom models, the used phantom has several advantages: (1) the good permeability of agarose enables the efficient diffusion of OCAs and (2) the scattering coefficient of the tissue phantom is easily tuned by changing the weight/volume fraction of the intralipid.

4.1 Sample Preparation

For the fabrication of the tissue phantom, agarose solution is first prepared by dissolving 1 g of agarose powder (A5304-100G, Sigma-Aldrich) in 100 ml of distilled water at 95°C. Then 20% intralipid (Fresenius Kabi AB, Sweden) and agarose solution are homogenously mixed at a 2% weight/volume fraction at 75°C. After the temperature of the mixture reverts to room temperature, the mixture spontaneously becomes a solid-state. The reduced scattering coefficient of the tissue phantom is measured and found to be $1.21 \pm 0.13 \text{ mm}^{-1}$; this value is obtained by integrating the sphere measurement and inverse-doubling methods. Most biological tissues have reduced scattering coefficients of $\sim 1 \text{ mm}^{-1}$, which is comparable to the value of the fabricated tissue phantom. We note that the scattering properties of the use tissue phantom are not identical to those of biological tissues. The anisotropy factor of intralipid is 0.52 at 1064 nm wavelength. In general, biological tissues have anisotropy factors of 0.8 to 1.0. Glycerol, a 70% solution in water, was used as an OCA. The refractive indices of intralipid and agarose are 1.357 (Ref. 53) and 1.3348 (Ref. 54) at 1064 nm, respectively. From the law of Gladstone and Dale, the mean refractive index of the tissue phantom is estimated as 1.3392. The scattering particles in intralipid are soybean oil, and its refractive index is 1.460. When the glycerol with the RI of 1.463 is applied to the tissue, it is expected to match the refractive indices of the background and soybean oil by increasing the refractive index of the background.

The target imaging sample has a layered structure: layer I is the tissue phantom, layer III is a translucent Petri dish, and layer II is the boundary between layer I and layer III, as shown in Fig. 5.67

4.2 Experimental Results

To demonstrate the effect of the OCA and the wavefront shaping, we compared wavefront shaping and conventional images of the tissue phantom before applying OCA and after applying OCA. A photograph of the sample before the application of the OCA is shown in Fig. 6(c). The tissue phantom layer is fabricated to have a slope so that the left part is thinner than the right part. Due to the small thickness, the left part looks more grayish than the right part, but there is still a clear difference in the color between the left part of the sample and the Petri dish. When the OCA was applied to the left thinnest part, reduction in scattering made the layer almost transparent, and the Petri dish below became visible, as shown in Fig. 6(c). This clearing effect is more clearly visible in the insets with the magnified images of the edge. Before applying the glycerol OCA, the wavefront shaping and uncontrolled illumination results are acquired as depicted in Figs. 6(d) and 6(e). The imaging region is set to be around the red-dashed circle in Fig. 6(b). Figure 6(f) shows an image with wavefront shaping; Fig. 6(g) shows an image acquired using uncontrolled illumination; Fig. 6(h) is an image acquired using the spatial compounding method. The images of Figs. 6(d) and 6(h) were all acquired from the same incident beam power of 0.55 mW. The images obtained using the uncontrolled illumination and spatial compounding methods show similar penetration depths and signal levels, but we can see that these two conventional imaging methods have large shortcomings compared to the wavefront shaping method regarding penetration depth and signal-to-noise ratio (SNR). For further comparison, the image in Fig. 6(g) was acquired using uncontrolled illumination but with a doubled incident power of 1.1 mW. The wavefront shaping image shows a comparable level of SNR and even slightly more features below layer II compared with the sample subject to doubled power illumination. To quantitatively compare the signal levels for the four cases, we plotted the averaged signal profiles over 25 A-scans versus depth. We can see that wavefront shaping yields the largest signal over the depth range. The signal levels exponentially decay as the depth increases, so layer I is the only accessible imaging area even in wavefront shaping.

After demonstrating the enhanced penetration depth with wavefront shaping in the original sample state, we next applied the OCA to the same region and acquired images with the same procedures as used above. After adjusting only the z-position of the sample stage, we applied 300 μl of 70% glycerol solution to the imaging region and restored the sample to the original position. We waited for 10 min after the application of the OCA to allow OCA to diffuse into the sample. A wavefront shaping image acquired after the OCA is shown in Fig. 6(i). The third layer became visible; it had not been possible to visualize this layer using any of the previous methods. Also, the signal level decreased in the phantom layer, which implies that the OCA successfully penetrated into the tissue phantom and made the sample more transparent. This effect can also be observed in the uncontrolled beam image and the spatial compounding image, as shown in Figs. 6(j) and 6(k) respectively. Since the scattering of the phantom sample is significantly reduced, no meaningful signal having structural information is observed in layer I. Figure 6(l) shows an image acquired using double powered uncontrolled illumination.
The average profiles over 25 A-scans are plotted in Fig. 3(m). Compared to the signal profiles obtained before the OCA, the signal level has decreased in layer I and the signals from the Petri dish in layer III have increased against the background signal level. Without the OCA, the maximum penetration depth for wavefront shaping is $<300 \mu m$, as can be seen in Fig. 3(h). With the OCA and wavefront shaping, structures deeper than $600 \mu m$ from the surface became accessible, as can be seen in Fig. 3(m), which shows a more than two-fold enhancement in the penetration depth.

5 Ex Vivo Mouse Ear

To test the suitability of our technique for real biological samples, we next applied the OCA and wavefront shaping to an ex vivo mouse ear. In the tissue phantom study, the optical inhomogeneity of the Petri dish was not affected by the application of the OCA, and these preserved scattering contrasts were easily imaged using WS-OCT. For real biological samples, however, all imaging regions are optically cleared by the OCA. Therefore, it is important to confirm the proposed technique in real biological tissues.

5.1 Sample Preparation

After anesthetization with an intraperitoneal injection of tiletamine–zolazepam and xylazine mixture (30:10 mg/kg body weight), a mouse ear was dissected from a specific pathogen-free C57BL/6J mouse (Jackson Laboratory). All experimental procedures were approved by the Institutional Animal Care and Use Committee (IACUC) of the Korea Advanced Institute of Science and Technology (KAIST). After the dissection, the ear was immersed in 70% glycerol solution for 1 h. A photograph of the whole mouse ear is shown in Fig. 4(a); the representative histology of the subregion is shown in Fig. 4(b), which shows a more than two-fold enhancement in the penetration depth.

5.2 Experimental Results and Discussion

Three different locations on the mouse ear were imaged before OCA, and three other locations were imaged after the application of OCA. The OCT images before OCA are first presented in Figs. 4(c)–4(h). For clear comparisons, we show here only the wavefront shaping images and the uncontrolled beam images for the same incident power of $0.55 \text{ mW}$. (i)–(m) Images acquired after the OCA. (i)–(l) Optimized image obtained by wavefront control with input power of $0.55 \text{ mW}$. (f)–(k) Images obtained by spatial compounding method. (g)–(l) Images acquired for uncontrolled beams of $1.1 \text{ mW}$. (h)–(m) The averaged A-scan profiles along 25 A-scans were plotted for each method.
Although wavefront shaping provides enhanced penetration depth and SNR over those characteristics of uncontrolled beam illumination, only a single layer is visible, and the structural information of the ear is hardly attainable even in the wavefront shaping case.

To achieve more enhancement of the penetration depth using OCA, we immersed the ear in the 70% glycerol solution and acquired OCT images, which are shown in Figs. 4(i)–4(n). Since the whole ear was taken off of the sample stage and immersed in the OCA solution, locating the original imaging positions was impossible, so we assumed that the penetration depth was constant for nearby imaging areas. As can be clearly seen in Figs. 4(i), 4(k), and 4(m), the wavefront shaping technique provides remarkable enhancements: the double layered structures can be visualized for every location. For the uncontrolled input beam cases [Figs. 4(j), 4(l), and 4(n)], the signal strengths are slightly better than those acquired before the OCA, but still they provide blurred images of the tissue structures.

To compare these data quantitatively, we plotted the averaged depth profiles over 25 A-scans in Figs. 5(a)–5(f) for each location, as can be seen in Fig. 4. The same trends as those found in the cases of the tissue phantom study are observed: (1) wavefront shaping gives the highest signal level in all locations and (2) the uncontrolled beam illumination with 0.55 mW and the spatial compounding method with 0.55 mW give the smallest SNR. When the wavefront shaping cases are considered exclusively, imaging depths are limited up to \( \sim 200 \mu m \) before the OCA and the penetration depth reaches 300 \( \mu m \) after applying the OCA.

The results above clearly show the collaborative effects of wavefront shaping and OCA in OCT. Using scattering phantom samples and in vitro biological tissue samples, we have demonstrated that both the penetration depth and the SNR can be significantly improved, compared to the case of using conventional OCT without OCA treatment. Importantly, the simultaneous application of wavefront shaping and OCA results in collaborative effects for deep-tissue optical imaging.

For future studies, the optimal conditions of the OCA treatment and wavefront shaping should be further investigated. For example, various OCAs are available for different tissues types and imaging conditions. The optimal selection of OCAs will provide more enhanced penetration depths. The wavefront shaping technique also has much room for improvement. In our previous results, the depth enhancement factor increases as the scattering of the tissue phantom is reduced. This trend shows a positive sign that further optimization of collaborative effect can
lead to the synergetic effect of both methods, where the depth enhancement is greater than the sum of individual effects. Although we focused on the reduced scattering coefficient of the sample, the effects of the variation on the anisotropy factor and the scattering coefficient are still an open question. Proper setting of the wavefront parameter according to the sample conditions is expected to bring about higher enhancements of the penetration depth.

In the current approach, there is partial loss of sample information due to OCAs, as seen in the optical clearing of the phantom layer in the tissue phantom study. Furthermore, there should be balanced applications of OCAs. The wavefront shaping utilizes backscattered signals as a feedback signal. Thus, the reduction of scattering can prevent efficient wavefront shaping. For example, the complete clearing of OCAs makes the present approach inapplicable. The minimum amount of scattering for collaborative effects should be further studied.

The ultimate goal of deep-tissue imaging is to achieve penetration depth enhancement in vivo. We anticipate that in vivo application can be realized in the near future because OCA and WS-OCT have worked successfully in in vivo environments. However, many experimental difficulties have to be overcome. First, the delivery of the OCA into living tissues is not straightforward and usually requires special treatments. Second, the image acquisition speed with wavefront shaping must be further optimized. Recently, we demonstrated that the wavefront shaping OCT works for static biological tissues in vivo. However, the 15-s optimization time for a single A-scan is too slow to image moving tissues. To be applicable for in vivo imaging, the wavefront shaping should as fast as the aberration correction in sensorless adaptive optics OCT. To enhance the optimization speed, various approaches can be applied, such as the computation time reduction using graphics processing unit (GPU), implementing the wavefront shaping in swept-source OCT platform, or designing efficient optimization algorithm based on preacquisition plain OCT data. If these problems are adequately addressed, wavefront shaping and OCAs will provide a promising method for in vivo deep-tissue imaging.

6 Conclusion

Here, we have demonstrated penetration depth enhancement in WS-OCT by simultaneously using wavefront shaping and OCAs. With the application of 70% glycerol solution as an OCA and the wavefront shaping technique via a DMD, we visualized multilayered structures of a tissue phantom and ex vivo mouse ear with unprecedented penetration depth enhancement in comparison to that possible with conventional OCT imaging. For the image optimized with wavefront shaping, the application of OCA provided an additional enhancement factor of 1.5 to 2 for the penetration depth.

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**Hyeonseung Yu** received his BS degree in physics and mathematical science from Korea Advanced Institute of Science and Technology (KAIST). He is currently a PhD student in the Department of Physics at KAIST.

**Peter Lee** received his BSE and MSE degrees in bioengineering from the University of Pennsylvania. He is currently a PhD student in the Department of Bio and Brain Engineering at KAIST.

**YoungJu Jo** is currently a BS student in the Department of Physics at KAIST.

**KyeoReh Lee** received his BS degree in physics from KAIST. He is currently a PhD student in the Department of Physics at KAIST.

**Valery V. Tuchin** is a professor and chairman of optics and biophotonics at Saratov National Research State University and several other universities and institutions. His research interests include tissue optics, laser medicine, tissue optical clearing, and nanobiophotonics. He is a fellow of SPIE and OSA, has been awarded Honored Science Worker of the Russia, SPIE Educator Award, FiDiPro (Finland), Chime Bell Prize of Hubei Province (China), and Joseph W. Goodman Book Writing Award (OSA/SPIE).

**Yong Jeong** received his MD degree in 1991 and a PhD in neurophysiology in 1997 from Yonsei University. He is an associate professor at the Department of Bio and Brain Engineering at KAIST and deputy director of KI for Optical Science and Engineering. His research fields are cognitive neuroscience, clinical neurology (degenerative disease, vascular disease), functional neuroimaging, and bioengineering (biosignals). He is also a neurologist and is affiliated with Samsung Medical Center.

**YongKeun Park** received his PhD in medical physics and medical engineering from Harvard-MIT Health Science and Technology in 2010 and joined KAIST. He is an associate professor in the Department of Physics at KAIST. He is an associate editor of *Experimental Biology and Medicine*, and editorial board member of *Scientific Reports, Optics Express* and *Journal of Optical Society of Korea*.